
ATTI ACCADEMIA NAZIONALE DEI LINCEI
CLASSE SCIENZE FISICHE MATEMATICHE NATURALI
RENDICONTI

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*Atti della Accademia Nazionale dei Lincei. Classe di Scienze Fisiche,
Matematiche e Naturali. Rendiconti, Serie 8, Vol. 69 (1980), n.1-2, p. 45-53.*
Accademia Nazionale dei Lincei

<http://www.bdim.eu/item?id=RLINA_1980_8_69_1-2_45_0>

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Fisica matematica. — *A note on a variational formulation of the Einstein equations for thermo-elastic materials.* Nota di FRANCO CARDIN (*), presentata (**) dal Socio G. GRIOLI.

RIASSUNTO. — Sulla base di una nota versione relativistica della disuguaglianza di Clausius-Duhem si deduce in Relatività Generale che, anche se per un corpo termo-elastico \mathcal{C} la legge di Fourier non è lineare, il tensore di Fourier è definito positivo. Lo scopo principale del lavoro consiste nello stabilire l'equivalenza delle equazioni gravitazionali di Einstein per \mathcal{C} (il cui tensore energia-impulso include il tensore termodinamico di Eckart) con una condizione variazionale, scritta in due versioni equivalenti.

1. INTRODUCTION

In late years a relativistic variational principle due to Schöpf (see [6]), which consists of the equivalence of a certain variational condition with the Einstein gravitational equations for elastic materials, has been extended by Bressan to polar materials in [2] and afterwards by Pitteri to materials of any order $n \geq 2$ in [4] and [5].

In spite of the constitutive complexity of those materials the above principles deal with bodies necessarily undergoing adiabatic processes, i.e. with $D\eta/Ds \equiv 0 \equiv q^\alpha$, where η is the specific entropy and q^α is the heat flux.

In this note a variational formulation of the Einstein-Eckart equations (so that the energy-momentum tensor $\mathcal{U}_{\alpha\beta}$ includes Eckart's thermodynamic tensor $2u_{(\alpha}q_{\beta)}$) is stated for thermo-elastic materials in two versions.

More in detail, a brief introduction to the Lagrangian formalism in general relativity (based on [3]) and to the corresponding basic laws is presented in NN 2-3, and there the class TE of thermo-elastic materials is introduced in a slightly modified way with respect to [3], on the basis of a relativistic version of the Clausius-Duhem inequality. Thus a result concerning the linear case and well known in classical physics can be extended, in relativity theory, to the non-linear case. In N° 4 a scalar constraint between $\delta\eta$ and $\delta g_{\alpha\beta}$ (where $g_{\alpha\beta}$ is the metric tensor) is reached by means of simple considerations on the purely adiabatic variational case, and it is called *weakly-isentropic* (variational)

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(**) Nella seduta del 26 giugno 1980.

constraint (cf. (4.6)). It gives rise to the (weakly-isentropic) version of the afore-mentioned variational principle. The other version includes no constraints on $\delta\eta$ and $\delta g_{\alpha\beta}$.

2. LAGRANGIAN FORMALISM FOR MATERIAL PROCESSES IN GENERAL RELATIVITY

We assume the universe to consist of a continuous body \mathcal{C} moving in a space-time \mathcal{S}_4 of general relativity. We regard \mathcal{C} as a set of material particles. Let \mathcal{P}^* be any process physically possible for \mathcal{C} , which describes the world tube $\mathcal{W}_{\mathcal{C}}(\mathcal{P}^*)$ in the determination \mathcal{S}_4^* of \mathcal{S}_4 . Let $y^\Sigma{}^{(1)}(t=y^0)$ be the co-ordinates of a typical event point \mathcal{E} of \mathcal{S}_4^* in an admissible reference frame (y) (cf. [3], § 15). In this frame we denote the metric tensor for \mathcal{P}^* by $g_{\Gamma\Delta}^* = \tilde{g}_{\Gamma\Delta}^*(y^\Sigma)$ and represent the world-line $\mathcal{W}_{P^*}(\mathcal{P}^*)$ of $P^* \in \mathcal{C}$ by $y^\Sigma = \tilde{y}(P^*, s^*)$. Thus the space-time metric is $(ds^*)^2 = -g_{\Gamma\Delta}^* dy^\Gamma dy^\Delta$ and the 4-velocity of P^* at $\tilde{y}^\Sigma = \tilde{y}^\Sigma(P^*, \tilde{s}^*)$ is $u^{*\Sigma} = (\partial \tilde{y}^\Sigma / \partial s^*)(P^*, \tilde{s}^*)$. Let $\tilde{g}_{\Gamma\Delta}^* = g_{\Gamma\Delta}^* + u_\Gamma^* u_\Delta^*$ be the spatial projector. Following [3] the L -th material (or Lagrangian) co-ordinate of $P^* \in \mathcal{C}$ is the co-ordinate y^L of the intersection of the world-line $\mathcal{W}_{P^*}(\mathcal{P}^*)$ of P^* with the hyperplane $t=0$, say σ_3 . Let $\mathcal{S}_3^* = \mathcal{W}_{\mathcal{C}}(\mathcal{P}^*) \cap \sigma_3$. For a sufficiently regular motion for \mathcal{C} there is an one-to-one mapping from \mathcal{C} to \mathcal{S}_3^* , $y^L = \tilde{y}^L(P^*)$. We now call the physical state Σ^* (cf. [3], p. 139) and the configuration of \mathcal{C} in \mathcal{S}_3^* within the process \mathcal{P}^* *reference physical state* and *reference configuration* respectively. We denote the spatial metric on \mathcal{S}_3^* by

$$(2.1) \quad (ds^*)^2 = a_{LM}^* dy^L dy^M, \quad \text{where}$$

$$a_{LM}^* = \tilde{a}_{LM}^*(y^1, y^2, y^3) = \tilde{g}_{LM}^*(0, y^1, y^2, y^3),$$

and call $(ds^*)^2$, which depends only on \mathcal{P}^* and \mathcal{S}_3^* , *material metric*.

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Let now x^ρ be the co-ordinates of a typical event point \mathcal{E} of \mathcal{S}_4 in an admissible reference frame (x) , and let \mathcal{E} belong to the world-tube $\mathcal{W}_{\mathcal{C}}(\mathcal{P})$ of a physically possible process \mathcal{P} for \mathcal{C} . This is characterized by (i) \mathcal{C} 's motion \mathcal{M} :

$$(2.2) \quad x^\alpha = \tilde{x}^\alpha(t, y^L),$$

(ii) the metric tensor $\tilde{g}_{\alpha\beta}(x^\rho)$, and (iii) some fields $\tilde{m}_1(x^\alpha), \dots, \tilde{m}_N(x^\alpha)$ such that, for $t \in \mathbf{R}$ and $y^L \in \mathcal{S}_3^*$, the values $\tilde{m}_i[\tilde{x}^\alpha(t, y^L)]$, $i = 1, \dots, N$, equal the physical values of some magnitudes $\mathcal{M}_1, \dots, \mathcal{M}_N$, relevant for the physical state $d\Sigma$ at the event point $\tilde{x}^\alpha(t, y^L)$ of the matter element $d\mathcal{C}$ that contains P^* .

(1) Greek [Latin] letters run from 0 [1] to 3.

In connection with the process \mathcal{P} we recall that $ds^2 = -g_{\alpha\beta} dx^\alpha ds^\beta$ has the signature $+2$, $u^\alpha = D\tilde{x}^\alpha/Ds$ ⁽²⁾ ($u^\alpha u_\alpha = -1$) [$A^\alpha = Du^\alpha/Ds$ ($u_\alpha A^\alpha = 0$)] is the 4-velocity [4-acceleration], $g_{\alpha\beta} = g_{\alpha\beta} + u_\alpha u_\beta$ is the spatial projector, and $x^\rho_L = \partial\tilde{x}^\rho/\partial y^L$ is the *position gradient*. The (*first-right*) *Cauchy-Green* tensor C_{LM} and the *strain* tensor ε_{LM} are defined by

$$(2.3) \quad a_{LM}^* + 2\varepsilon_{LM} = C_{LM} = \alpha_{\rho L} \alpha_{\rho M}^{\circ}, \quad \text{where} \quad \alpha_{\rho L}^{\circ} = g_{\rho\sigma}^{\circ} x_{\rho L}^{\sigma},$$

and

$$(2.4) \quad \frac{DC_{LM}}{Ds} = 2 u_{(\rho/\sigma)} \alpha_{\rho L}^{\circ} \alpha_{\rho M}^{\circ} = 2 \frac{D\varepsilon_{LM}}{Ds}$$

hold (cf. [3], (57.6)₃).

Now we consider the matter element $d\mathcal{C}$ containing the material point $y^L (= \tilde{y}^L(P^*))$, its *proper volume* $dC^* (> 0)$ in the reference configuration \mathcal{S}_3^* , and its actual counterpart dC (at $\mathbf{x} \in \mathcal{W}_{P^*}(\mathcal{P})$). Then (cf. [3], § 56)

$$(2.5) \quad \mathcal{D} = \frac{dC}{dC^*}, \quad \text{where} \quad \mathcal{D} = \sqrt{\frac{-g}{a^*}} \left| \frac{\partial(x^0, \dots, x^3)}{\partial(t, y^1, y^2, y^3)} \right| \frac{Dt}{Ds} > 0$$

$$(g = \det \|g_{\alpha\beta}\|, \quad a^* = \det \|a_{LM}^*\|).$$

Let $c^2 dm^* = c^2 k^* dC^*$ ⁽³⁾ be the *proper gravitational mass* of $d\mathcal{C}$ (in energy units) in \mathcal{S}_3^* , so that k^* is the proper density in the reference configuration; let $k(\mathbf{x})$ be the (actual) *proper density of conventional mass* (in \mathcal{P}):

$$(2.6) \quad k dC = k^* dC^*;$$

hence the Lagrangian and Eulerian *equations of continuity*

$$(2.7) \quad k^* = \mathcal{D}k, \quad (ku^\alpha)_{|\alpha} = 0$$

hold for it; finally, let $c^2 dm = \rho dC$ be the (actual) *proper gravitational mass* of $d\mathcal{C}$ at $\mathbf{x} \in \mathcal{W}_{P^*}(\mathcal{P})$, where $\rho(\mathbf{x})$ is the proper density of gravitational mass. After [3] (cf. § 21), we define

$$(2.8) \quad kw dC = c^2 dm - c^2 dm^* = (\rho - kc^2) dC,$$

where w is briefly called the *specific internal energy* (of \mathcal{C} at P^*).

(2) By $T^{\dots}_{\dots, \alpha} [T^{\dots}_{\dots/\alpha}]$ we mean the partial [covariant] derivative of T^{\dots}_{\dots} , and we use the following notations:

$$2 T^{[\alpha\beta]} = T^{\alpha\beta} - T^{\beta\alpha}, \quad 2 T^{(\alpha\beta)} = T^{\alpha\beta} + T^{\beta\alpha}, \quad DT^{\dots}_{\dots}/Ds = T^{\dots}_{\dots/\alpha} u^\alpha.$$

(3) c is the velocity of light in vacuo.

3. BASIC LAWS. THERMO-ELASTIC MATERIALS

We consider a body \mathcal{C} incapable of electromagnetic phenomena, having the energy-momentum tensor:

$$(3.1) \quad \mathcal{U}_{\alpha\beta} = \rho u_\alpha u_\beta + X_{\alpha\beta} + Q_{\alpha\beta}, \quad \text{with } Q_{\alpha\beta} = 2 u_{(\alpha} q_{\beta)},$$

where $X_{\alpha\beta}$ is the *Cauchy stress* tensor ($X_{[\alpha\beta]} = 0 = X_{\alpha\beta} u^\beta$) and q_α is the (spatial) *heat flux* vector. We postulate the *Einstein-Eckart gravitational equations* in the form:

$$(3.2) \quad A_{\alpha\beta} + \frac{8\pi h}{c^4} \mathcal{U}_{\alpha\beta} = 0 \quad (A_{\alpha\beta} = R_{\alpha\beta} - \frac{1}{2} R g_{\alpha\beta}),$$

where $R_{\alpha\beta\gamma\delta}$ is the Riemann's tensor and h is the Cavendish's constant. The conservation equations $\mathcal{U}^{\alpha\beta}_{|\beta} = 0$, which follow from (3.2) by $A^{\alpha\beta}_{|\beta} = 0$, include the *energy conservation equation* $u_\alpha \mathcal{U}^{\alpha\beta}_{|\beta} = 0$, which reads

$$(3.3) \quad k \frac{Dw}{Ds} + X^{\alpha\beta} u_{(\alpha|\beta)} = -q^\alpha_{|\alpha} - q^\alpha A_\alpha.$$

By regarding $X^{\alpha\beta} u_{(\alpha|\beta)}$ as the *work power of internal forces*, i.e. $\delta l^{(i)}/Ds = X^{\alpha\beta} u_{(\alpha|\beta)}$, on the basis of the 1st *principle of thermodynamics* we interpret the quantity $-q^\alpha_{|\alpha} - q^\alpha A_\alpha$ as the *heat absorbed* by \mathcal{C} (per unit of proper volume and time), hence (cf. [3], § 24),

$$(3.4) \quad k \frac{Dw}{Ds} + \frac{\delta l^{(i)}}{Ds} = Q_{\text{ass}} = -q^\alpha_{|\alpha} - q^\alpha A_\alpha.$$

Let Y^{LM} be the *second Piola-Kirchhoff stress tensor*; it is related to $X^{\rho\sigma}$ by

$$(3.5) \quad X^{\rho\sigma} = \frac{1}{\mathcal{D}} \alpha^\rho_L \alpha^\sigma_M Y^{\text{LM}}.$$

Let $T (> 0) [\eta]$ be the *absolute temperature [specific entropy]*. We assume the absence of the electromagnetic field, and, as the 2nd *principle of thermodynamics*, we introduce the following relativistic version of the *Clausius-Duhem inequality*:

Under the definitions

$$(3.6) \quad \mathcal{S}^\alpha = k\eta u^\alpha + s^\alpha, \quad s^\alpha = \frac{q^\alpha}{T} (= \dot{\mathcal{S}}^\alpha),$$

the inequality

$$(3.7) \quad \mathcal{S}^\alpha_{|\alpha} \geq 0$$

must be satisfied by \mathcal{C} along every physically possible process⁽⁴⁾.

(4) The relativization (3.7) of the Clausius-Duhem inequality is supported in [3], App. C, by means of kinematical considerations, see also [1].

By (3.6)_{1,2}, (3.3), (3.5), (2.4)₂, (2.7)₁, and (2.5)₃, (3.7) can be written in a Lagrangian form:

$$(3.8) \quad k^* \frac{D\eta}{Ds} - \frac{k^*}{T} \frac{Dw}{Ds} - \frac{Y^{LM}}{T} \frac{D\varepsilon_{LM}}{Ds} - \frac{\mathcal{D}q^\alpha}{T^2} (T_{|\alpha} + TA_\alpha) \geq 0.$$

We say that the body is *thermo-elastic* (TE) at its materials point P^* (or y^L) if the following two conditions hold at P^* ⁽⁵⁾:

(A) *The specific internal energy w , the specific entropy η , and Y^{LM} , are twice continuously differentiable functions of ε_{LM} and T ; the heat flux q^α is a twice continuously differentiable vector valued function of ε_{LM} , T , $T_{|\alpha}$, and A_α ⁽⁶⁾.*

(B) *Constraints are absent, in the (narrow) sense that admissible values of ε_{LM} and T are physically compatible with arbitrary values of $T_{|\alpha}$, $D\varepsilon_{LM}/Ds$, and A_α .*

Let $\mathcal{F} = w - T\eta$ be the *specific free energy*. Then by (A) $\mathcal{F} = \check{\mathcal{F}}(y^L, \varepsilon_{LM}, T)$ and (3.8) becomes

$$(3.9) \quad k^* \left(\frac{\partial \check{\mathcal{F}}}{\partial T} + \eta \right) \frac{DT}{Ds} + \left(k^* \frac{\partial \check{\mathcal{F}}}{\partial \varepsilon_{LM}} + Y^{LM} \right) \frac{D\varepsilon_{LM}}{Ds} + \frac{\mathcal{D}q^\alpha}{T} (T_{|\alpha} + TA_\alpha) \leq 0.$$

By condition (B) the values of DT/Ds , $T_{|\alpha}$, $D\varepsilon_{LM}/Ds$, and A_α are arbitrary, so that (3.9) yields

$$(3.10) \quad \eta = - \frac{\partial \check{\mathcal{F}}}{\partial T}(y^L, \varepsilon_{LM}, T), \quad Y^{LM} = - k^* \frac{\partial \check{\mathcal{F}}}{\partial \varepsilon_{LM}}(y^L, \varepsilon_{LM}, T),$$

and (3.9) simplifies into

$$(3.11) \quad q^\alpha (T_{|\alpha} + TA_\alpha) \leq 0.$$

By simple and well known considerations based on Helmholtz postulate (cf. [3], § 28) $\partial^2 \check{\mathcal{F}} / \partial T^2 < 0$ holds; hence (3.10)₁ defines T as an implicit function \tilde{T} of y^L , η , and ε_{LM} . Set $\tilde{w}(y^L, \varepsilon_{LM}, \eta) = \tilde{w}[y^L, \varepsilon_{LM}, \tilde{T}(y^L, \varepsilon_{LM}, \eta)]$. By a deduction like the above one we derive

$$(3.12) \quad T = \frac{\partial \tilde{w}}{\partial \eta}(y^L, \varepsilon_{LM}, \eta), \quad Y^{LM} = - k^* \frac{\partial \tilde{w}}{\partial \varepsilon_{LM}}(y^L, \varepsilon_{LM}, \eta).$$

(5) This definition is a slightly modified version of Bressan's definition of elastic materials in [3], § 63.

(6) A possible dependence of q^α on the 4-acceleration A_α is suggested by the expression (3.4)₂ for the absorbed heat Q_{ass} by P^* .

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Now suppose that the following expression (possibly *non-linear* in $T_{|\alpha}^{\mu}$) holds for q^{α} :

$$(3.13) \quad q^{\alpha} = - [\tilde{x}^{\alpha\beta} (y^L, \varepsilon_{LM}, T, T_{|\beta}^{\mu})] (T_{|\alpha}^{\mu} + TA_{\alpha}), \quad x^{\alpha\beta} u_{\beta} = 0 = u_{\alpha} x^{\alpha\beta};$$

then, for fixed values of ε_{LM} , T , and $T_{|\beta}^{\mu}$ (see (B)), and for arbitrary values of A_{α} , hence of $T_{|\alpha}^{\mu} + TA_{\alpha}$, the validity of inequality (3.11) implies that $\tilde{x}^{\alpha\beta}$ is *positive definite*.

Note that in the classical case the analogous result is deduced only for $\partial \tilde{x}^{ij} / \partial T_{,k} = 0$.

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Let $\mathcal{C} \in TE$ and let (x) be an admissible reference frame. Then we call thermodynamic process \mathcal{P} for \mathcal{C} any triple

$$(3.14) \quad \mathcal{P} = \langle \mathbf{g}, \mathcal{M}, \eta \rangle$$

where \mathbf{g} , \mathcal{M} , and η are the fields $\tilde{g}_{\alpha\beta}(x^{\rho})$, $\tilde{x}^{\alpha}(t, y^L)$, and $\tilde{\eta}(x^{\rho})$ that solve the Einstein-Eckart equations (3.1,2).

4. A VARIATIONAL PRINCIPLE

It is known (cf. [3], § 69) that the Einstein equations (3.1,2) for $\mathcal{C} (\in TE)$ *uncapable of heat conduction* ($Q^{\alpha\beta} \equiv 0$) are equivalent to the *variational condition*:

$$(4.1) \quad \delta_{\mathcal{P}} F[\mathcal{P}] = 0 \quad \text{for all } \delta \mathcal{P} = \langle \delta \mathbf{g}, 0, 0 \rangle,$$

where

$$(4.2) \quad F[\mathcal{P}] = \int_{\Omega} \sqrt{-g} \left(R + \frac{16\pi\hbar}{c^4} \rho \right) dx \quad (R = R_{\alpha\beta}{}^{\alpha\beta}, dx = dx^0 \dots dx^3),$$

$\delta g_{\alpha\beta} \in C_{(\Omega)}^{(2)}$ and $\delta g_{\alpha\beta} = 0 = \delta g_{\alpha\beta, \gamma}$ on the frontier $\mathcal{F}\Omega$ of the domain $\Omega \subset \mathcal{W}_{\mathcal{C}}(\mathcal{P})$.

The variations $\delta \mathcal{P}$ considered above are *isentropic* ($\delta_{\mathcal{P}} \eta = 0$); it is justified by the fact that, for $q^{\alpha} \equiv 0$, the energy conservation equation (3.3) becomes $D\eta/Ds = 0$ by (3.12), (3.5), and (2.4); hence $\eta = \tilde{\eta}(y^L)$.

Now in connection with a general body $\mathcal{C} \in TE$ we consider the vector:

$$(4.3) \quad \mathcal{P}^{*\alpha} = \mathcal{D}\mathcal{P}^{\alpha} = k^* \eta u^{\alpha} + s^{*\alpha}, \quad s^{*\alpha} = \mathcal{D}s^{\alpha} \quad (\text{see (3.6)}),$$

and its variation for some $\delta\mathcal{P} = \langle \delta\mathbf{g}, 0, \delta\eta \rangle$:

$$(4.4) \quad \delta_{\mathcal{P}} \mathcal{P}^{*\alpha} = k^* \eta \delta_{\mathcal{P}} u^\alpha + k^\alpha u^\alpha \delta\eta + \delta_{\mathcal{P}} s^{*\alpha}.$$

In particular we have:

$$(4.5) \quad u_\alpha \delta_{\mathcal{P}} \mathcal{P}^{*\alpha} = k^* \eta u_\alpha \delta_{\mathcal{P}} u^\alpha - k^* \delta\eta + u_\alpha \delta_{\mathcal{P}} s^{*\alpha}.$$

If $q^\alpha \equiv 0$ holds for \mathcal{C} then by (4.3)₃ and (3.6)₂ we have $\delta_{\mathcal{P}} s^{*\alpha} = 0$ and, in this case, by (4.5) we note that the relation

$$(4.6) \quad u_\alpha \delta_{\mathcal{P}} \mathcal{P}^{*\alpha} = k^* \eta u_\alpha \delta_{\mathcal{P}} u^\alpha$$

characterizes the isentropic variations $\delta\mathcal{P}$ (for which $\delta\eta \equiv 0$). Since this characterization holds only in the case $q^\alpha \equiv 0$, (4.6) will be called the *weakly isentropic variational condition*. We will use it in a basic way.

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Now we say that the process $\mathcal{P} = \langle \mathbf{g}, \mathcal{M}, \eta \rangle$ for $\mathcal{C} \in \text{TE}$ satisfies the *weakly isentropic variational condition* $\text{VC}_{\mathcal{P}}^{(\text{w.i.})}$ [*unrestricted variational condition* $\text{VC}_{\mathcal{P}}^{(\text{un.})}$] in Ω , if for any variation $\delta\mathcal{P} = \langle \delta\mathbf{g}, 0, \delta\eta \rangle$ of \mathcal{P} that fulfils the conditions

$$(4.7) \quad \delta g_{\alpha\beta} \in C^{(2)}(\Omega) \quad , \quad \delta g_{\alpha\beta} = 0 = \delta g_{\alpha\beta,\gamma} \quad \text{on } \mathcal{F}\Omega,$$

and (4.6) [and for arbitrary variation $\delta\eta \in C^{(0)}(\Omega)$] in Ω , we have the first [second] of the relations (see (4.2)):

$$(4.8) \quad \delta_{\mathcal{P}} F[\mathcal{P}] = 0,$$

$$(4.8') \quad \delta_{\mathcal{P}} F[\mathcal{P}] = \frac{16\pi\hbar}{c^4} \int_{\Omega} \frac{T}{\mathcal{D}} u_\alpha (k^* \eta \delta_{\mathcal{P}} u^\alpha - \delta_{\mathcal{P}} \mathcal{P}^{*\alpha}) \sqrt{-g} \, dx.$$

THEOREM. *A continuous body $\mathcal{C} \in \text{TE}$ satisfies the variational condition $\text{VC}_{\mathcal{P}}^{(\text{w.i.})}$ [$\text{VC}_{\mathcal{P}}^{(\text{un.})}$] in Ω iff the Einstein-Eckart equations (3.1,2) hold for it in Ω .*

Proof. The following formulas for arbitrary $\delta g_{\alpha\beta}$ and $\delta\eta$, well known in the adiabatic case (cf. [3], § 68), are still holding because the varied quantities do not depend on η :

$$(4.9) \quad \left\{ \begin{array}{l} \delta_{\mathcal{P}} u^\alpha = \frac{1}{2} u^\alpha u^\rho u^\sigma \delta g_{\rho\sigma} \quad , \quad \delta_{\mathcal{P}} u_\alpha = u^\sigma \delta g_{(\alpha\sigma)} + \frac{1}{2} u_\alpha u^\rho u^\sigma \delta g_{\rho\sigma} , \\ \delta_{\mathcal{P}} \sqrt{-g} = \frac{1}{2} \sqrt{-g} g^{\rho\sigma} \delta g_{\rho\sigma} \quad , \quad \delta_{\mathcal{P}} k = -\frac{1}{2} k g^{\rho\sigma} \delta g_{\rho\sigma} , \\ \delta_{\mathcal{P}} \varepsilon_{\text{LM}} = \frac{1}{2} \alpha_L^\rho \alpha_M^\sigma \delta g_{\rho\sigma} . \end{array} \right.$$

Since $s^{*\alpha} u_\alpha = 0$, whence $\delta_{\mathcal{P}}(s^{*\alpha} u_\alpha) = 0$, we have $u_\alpha \delta_{\mathcal{P}} s^{*\alpha} = -s^{*\alpha} \delta_{\mathcal{P}} u_\alpha$, and, by using (4.3)₃ and (4.9)₂, relation (4.5) becomes

$$(4.10) \quad k^* \delta \eta = k^* \eta u_\alpha \delta_{\mathcal{P}} u^\alpha - u_\alpha \delta_{\mathcal{P}} \mathcal{P}^{*\alpha} - \mathcal{D} s^{(\alpha} u^{\beta)} \delta g_{\alpha\beta}.$$

For $\delta g_{\alpha\beta}$, fulfilling (4.7) we have, as is well known (cf. [3], (69.12)),

$$(4.11) \quad \delta_{\mathcal{P}} \int_{\Omega} \sqrt{-g} R dx = - \int_{\Omega} A^{\alpha\beta} \delta g_{\alpha\beta} \sqrt{-g} dx.$$

Moreover

$$(4.12) \quad \delta_{\mathcal{P}} (\sqrt{-g} \rho) = (w + c^2) \delta_{\mathcal{P}} (\sqrt{-g} k) + \sqrt{-g} k \delta_{\mathcal{P}} w.$$

and by (4.9)_{3,4} we have

$$(4.13) \quad (w + c^2) \delta_{\mathcal{P}} (\sqrt{-g} k) = - \frac{\sqrt{-g}}{2} \rho u^\alpha u^\beta \delta g_{\alpha\beta},$$

while, by (3.12), (4.9)₅, (3.5), and (4.10),

$$\begin{aligned} \sqrt{-g} k \delta_{\mathcal{P}} w &= \sqrt{-g} k \left(\frac{\partial \tilde{w}}{\partial \varepsilon_{LM}} \delta_{\mathcal{P}} \varepsilon_{LM} + \frac{\partial \tilde{w}}{\partial \eta} \delta \eta \right) \\ &= \sqrt{-g} k \left(-\frac{1}{2} \frac{Y^{LM}}{k^*} \alpha_L^\alpha \alpha_M^\beta \delta g_{\alpha\beta} + T \delta \eta \right) \\ &= \sqrt{-g} k \left[-\frac{1}{2k} X^{\alpha\beta} \delta g_{\alpha\beta} + \frac{T}{k^*} (-\mathcal{D} s^{(\alpha} u^{\beta)} \delta g_{\alpha\beta} + \right. \\ &\quad \left. + k^* \eta u_\alpha \delta_{\mathcal{P}} u^\alpha - u_\alpha \delta_{\mathcal{P}} \mathcal{P}^{*\alpha}) \right], \\ (4.14) \quad \sqrt{-g} k \delta_{\mathcal{P}} w &= - \frac{\sqrt{-g}}{2} (X^{\alpha\beta} + 2 T s^{(\alpha} u^{\beta)}) \delta g_{\alpha\beta} + \\ &\quad + \sqrt{-g} \frac{T}{\mathcal{D}} (k^* \eta u_\alpha \delta_{\mathcal{P}} u^\alpha - u_\alpha \delta_{\mathcal{P}} \mathcal{P}^{*\alpha}). \end{aligned}$$

Remembering that $s^\alpha = q^\alpha T^{-1}$ and $Q^{\alpha\beta} = 2 q^{(\alpha} u^{\beta)}$, by (4.11-14) we have:

$$\begin{aligned} (4.15) \quad \delta_{\mathcal{P}} F[\mathcal{P}] &= - \int_{\Omega} \sqrt{-g} \left[A^{\alpha\beta} + \frac{8\pi h}{c^4} (\rho u^\alpha u^\beta + X^{\alpha\beta} + Q^{\alpha\beta}) \right] \delta g_{\alpha\beta} dx + \\ &\quad + \frac{16\pi h}{c^4} \int_{\Omega} \sqrt{-g} \frac{T}{\mathcal{D}} u_\alpha (k^* \eta \delta_{\mathcal{P}} u^\alpha - \delta_{\mathcal{P}} \mathcal{P}^{*\alpha}) dx. \end{aligned}$$

By the arbitrariness of $\delta g_{\alpha\beta}$ and the continuity of $\left[A^{\alpha\beta} + \frac{8\pi h}{c^4} (\rho u^\alpha u^\beta + \dots) \right]$, the two versions of the theorem easily follow. q. e. d.

The theorem above can be extended in a natural way to more general classes of materials, such as the polar materials [2] and the materials of order $n \geq 2$ [5].

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